

routine, you're ready to hit great shots. Before we move on and discuss the measurement tool you'll use to gauge your progress on that front, let's take a final exam to make sure you've mastered the building-block concepts.

EXAM

Evaluate the following visualization descriptions actual tour players have used in their pre-shot routines. Which ones are vision based and which are feel based?

STATEMENT 1

Before a putt, the path the ball is going to take on the green stands out as a red line. I see the spot where the ball is going to enter the hole as a number on a clockface.

[visual]

[feel]

STATEMENT 2

All I'm trying to do is keep the back of my left wrist going down the target line as long as I can.

[visual]

[feel]

STATEMENT 3

When I need to hit it long, I'm trying to create creases in the right leg of my pants.

[visual]

[feel]

STATEMENT 4

I'll line up my shot with a leaf or something on the ground a few inches ahead of my ball and something in the distance behind my target. Then I'll trace a shot that covers both lines.

[visual]

[feel]

STATEMENT 5

With the driver, I feel like I'm standing on one rail of the train tracks and the ball is on the other rail. I'm swinging on my rail and the ball goes down the other rail.

[visual]

[feel]

STATEMENT 6

When the pressure is on, I'm thinking about more body turn and dead arms for lower, less spinning shots.

[visual]

[feel]